

Key To Achieving Therapy Services Ltd, International Development Centre, Valley Road, Ilkley, LS29 8AL. Tel: 07946 066813. Email: admin@keytoachieving.co.uk

Katie Simons CV – HCPC No: OT38310

Work Experience	08/2017 – present day	Key To Achieving Therapy Services Ltd	International Development Centre, Valley Road, Ilkley, LS29 8AL
	<p>Company Director and Lead Therapist:</p> <ul style="list-style-type: none"> • Sensory Integration assessment and treatment with children and adults with neurodevelopmental conditions. • Handwriting assessment, treatment and support. • Assessment and treatment of children and adults with motor coordination difficulties. • Assessment and treatment of primitive reflexes. • Brain integration assessment and treatment to support people with learning difficulties such as Dyslexia. • Training packages for parents and schools. • Sensory Attachment assessment and treatment principles provided to children and families through Adoption Support Fund. 		
	08/2019 – 01/2020 and 08/2018 – 01/2019	Children’s Therapy Team Calderdale and Huddersfield NHS Foundation Trust	Broad Street Plaza Health Centre Halifax Princess Royal Health Centre Huddersfield
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> • Running a Developmental Coordination Disorder Clinic. • Gross and fine motor skills assessment, support and advice in clinic setting of children aged 2-18. • School assessment and support for handwriting, gross and fine motor skills difficulties. • Completion of EHCP reports. 		
	09/2017 – 04/2019	Leeds Community NHS Neighbourhood Team	Beeston Hill Health Centre Leeds
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> • Completing holistic assessments and development of therapy treatment plans of health and social care needs for people with physical health needs to either prevent admission to hospital or to manage needs post discharge from hospital. • Assessment of equipment and aids to assist with independent living or provision of safer care. 		
	08/2017 - 08/2017	Leeds Community NHS Trust Intermediate Care	Green Acres Care Home CIC beds, Leeds, West Yorkshire
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> • Occupational Therapy with elderly client group in intermediate care. • Supporting physical rehabilitation. • Discharge planning to community settings. • Home visits and equipment provision. 		
	04/2017 – 06/2017	Leeds & York Partnership NHS Foundation Trust	Yorkshire Centre for Eating Disorders, ward 6 Newsam Centre, Leeds
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> • Providing inpatient Occupational Therapy assessment and intervention to adults with diagnosis of Anorexia Nervosa and Bulimia Nervosa. 		
	06/2016 – 04/2017	Pennine Care NHS Foundation Trust	Healthy Young Minds, Birch Hospital, Rochdale

	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> Working with Children aged 3 to 16 years old with a diagnosis of ASD and ADHD who have sensory processing and praxis needs. Development of OT process and pathway for OT assessment and intervention for this group of children. Assessment of sensory processing and praxis. Analysis of Occupational needs and development of treatment plans. Facilitating parent education sessions. Development of Occupational and sensory advice handouts for parents and schools. Sensory based interventions in clinic, school and home setting. Treatment of gross motor and fine motor skills, visual perceptual skills, self-care skills, organizational skills and handwriting. 		
04/2016 – 06/2016	Bradford Teaching Hospital Foundation Trust	Westwood Park Community Hospital, Bradford	
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> Working in community team for adults with physical disabilities and providing Occupational Therapy coverage for social rehab beds. Assessment functional ability in personal and domestic tasks of adult/elderly patients with a wide variety of medical conditions. Environmental home visits. Adaptation/grading of activities of daily living and provision of assistive equipment. 		
01/2016 – 04/2016	Pennine Care NHS Foundation Trust	Heywood, Middleton and Rochdale Children’s Occupational Therapy Service	
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> Working with children with Sensory Processing difficulties, Developmental Coordination Disorder and Neurological conditions in clinic, school and home settings. Assessment of sensory processing and praxis. Analysis of Occupational needs and development of treatment plans. Sensory based interventions in clinic, school and home setting. Facilitating parent education sessions. Assessment of assistive equipment for school and home. Treatment of gross motor and fine motor skills, visual perceptual skills, self-care skills, organizational skills and handwriting. 		
08/2015 – 01/2016	Hesley Group	Fullerton House School, Denaby Main, Doncaster	
	<p>Band 7 Occupational Therapist:</p> <ul style="list-style-type: none"> Working in residential school for teenagers with Autism, complex needs and challenging behaviours. Development of Occupational Therapy service within special school and care home. Assessment of sensory, functional and environmental needs. Delivery of therapeutic activities to meet needs. Clinical supervision of junior staff. Development and delivery of Occupational Therapy related training to support staff. 		
04/2015 – 07/2015	Bradford Teaching Hospital Foundation Trust	Bradford Royal Infirmary, Bradford and Westwood Park Community Hospital	
	<p>Band 6 Locum Occupational Therapist:</p> <ul style="list-style-type: none"> Worked in an acute medical inpatient team assessing for mobility, self-care and discharge needs. 		

	<ul style="list-style-type: none"> • Worked in Community team 3 days and outpatient. • Running a hand and splinting clinic 2 days a week for 1 month.
02/2013 – 02/2015	National Guard Health Affairs King Abdulaziz Medical City, Jeddah, Saudi Arabia
	<p>Band 6 Occupational Therapist:</p> <ul style="list-style-type: none"> • Worked in an acute inpatient setting from February 2013 until December 2013. Providing Occupational Therapy coverage to acute wards in Medical-neuro, Oncology, Orthopaedics, Paediatrics and Emergency Room. • Worked January 2014 – February 2015 in Paediatric OT outpatient clinic seeing children from 0-13 years old with neurological, orthopaedic, oncology conditions, developmental and behavioural problems. • Assessment of physical and psychological dysfunction and occupational needs of adults and children. • Static and dynamic splinting of upper and lower limb including neo-natal splinting. • Assessment and provision of equipment to support postural care. • Training of moving and handling techniques to nursing team. • Triage of hand injuries in outpatient clinic. • Sensory based interventions with children. • Parental coaching and design of home programmes. • Adaptation and provision of assistive devices.
09/2012 – 02/2013	Grey Healthcare West Tower, Brook Street, Liverpool
	<p>Band 6 Occupational Therapist:</p> <ul style="list-style-type: none"> • Community based Occupational Therapist working for a private mental health company providing recovery focused community support packages to people with mental health problems, Acquired Brain Injury, Autistic Spectrum and Learning Disabilities. • Autonomously managing a case load of 10 service users situated around the North East and North West of the UK. • Completing assessments of service user's occupational needs and setting recovery focused goals to promote independence and reduction of support package over time. • Support Service users to access work and leisure facilities in their local community. • Supervision and leadership of support worker's providing care in service users homes. • Member of 24 hour on call telephone support for staff and service users to access.
05/2011 – 07/2012	Huntercombe Group Linden House Hospital, Market Weighton
	<p>Band 8a Hospital Lead for Occupational:</p> <ul style="list-style-type: none"> • Head of Occupational Therapy Department and a member of the Senior Management Team for a private Medium and Low Secure Hospital. • Developing an Occupational Therapy service for adults with Personality Disorder, Autistic Spectrum Conditions, and Women with Mental Illness/learning disabilities. • Managing a team of up to 7 Occupational Therapy staff. • Providing Occupational Therapy assessment, individual and group interventions. • Staff Involvement Lead for CQUIN targets for commissioning agreements.
08/2010 – 05/2011	Care Principles Linden House Hospital, Market Weighton
	<p>Band 7 Occupational Therapist</p> <ul style="list-style-type: none"> • Working in a Medium and Low Secure Hospital for individuals with Mental Illness/Learning Disabilities. • Developing a new Occupational Therapy Service within a hospital that has been established for 10 years in providing secure care. • Supervision of Occupational Therapy Support staff.

	<ul style="list-style-type: none"> • Providing Occupational Therapy assessment and individual and group interventions underpinned by the Model of Human Occupation. 		
	06/2009 – 07/2010	Voyage Care	Pindar Oaks Hospital, Barnsley
	<p>Band 6 Occupational Therapist:</p> <ul style="list-style-type: none"> • Lone Occupational Therapist working in a private low secure hospital for adults with learning disabilities, acquired brain injury and mental illness adopting a therapeutic community approach. • Working as a member of the senior clinical team, developing the Occupational Therapy service. • Development and delivery of assessments and interventions for patients. • Facilitation of group interventions with Psychotherapists. • Line managerial responsibility for three activity Coordinators. 		
	06/2007 – 06/2009	Rotherham Doncaster and South Humber NHS Foundation Trust	CMHT – North team, Swinton Health Centre, Rotherham
	<p>Band 6 Occupational Therapist:</p> <ul style="list-style-type: none"> • Working within a Community Mental Health Team as a Specialist Occupational Therapist with care coordinator responsibility for all service users on case load. • Management of a case load of up to 35 service users of adult working age with mental health problems. • Working with service users with diagnosis of Depression, Anxiety, Panic Disorders and Obsessive Compulsive Disorder. • Assessment of service users social and health care needs coordination of CPA. • 1:1 anxiety management and graded exposure. • Promotion of socially inclusive activities in the community and supporting service users into employment. • Investigating officer for safeguarding adults. 		
	05/2004 – 05/2007	Cygnnet Healthcare	Cygnnet Hospital Wyke, Wyke, Bradford
	<p>Band 5 Occupational Therapist:</p> <ul style="list-style-type: none"> • working a private low secure hospital for adults with mental illness. Working on a 20 bedded ward for males with complex needs and enduring mental illness. • Working with service users diagnosed with Psychosis, Bi-polar Disorder and Personality Disorder. • Coordinating a therapeutic activity programme on ward. • Devising treatment plans and provides interventions through use of meaningful occupation. On an individual and group basis. • Supervising 2 junior members of staff. • Collaborating with Nursing in developing psychosocial interventions and the recovery model. 		
Education	05/2017 – 05/2015	Ulster University	Ulster, Northern Ireland
	Post Graduate Certificate in Sensory Integration		
	02/2008 – 06/2008	The Central College of Health and Beauty	Leeds, West Yorkshire
	<p>VTCT Level 3 Diploma in Anatomy and Physiology VTCT Level 3 Diploma in Body Massage VTCT Level 3 Diploma in Health, Safety, Security and Employment Standards VTCT Level 3 Diploma in Swedish Massage</p>		
	09/2000 –	Coventry University	Coventry, East Midlands

	11/2003		
	BSc Hons Occupational Therapy		
	09/1998 - 07/2000	High Pavement Sixth Form College	Nottingham, Nottinghamshire
	A Level Psychology – Grade B A Level Chemistry – Grade C A Level General Studies – Grade C A Level Human Biology – Grade E CLAIT- Pass		
	09/1996 - 07/1998	Hollygirt Secondary School	Nottingham, Nottinghamshire
	GCSE's Grade A in French Grade B in Science, English Literature, Geography, History, Maths Grade C in Food Technology and English Language		

Further Training

Title of course	Provider	Date	Credits
Anger and Angression in TraumaPlay™	TraumaPlay Institute	April 2020	N/A
The Nature of Play: Taking TraumaPlay™ Outdoors	TraumaPlay Institute	April 2020	N/A
6 hours training in Dyslexia	Solve Learning Disabilities	April 2020	N/A
TraumaPlay™ : A Flexibly Sequential Play Therapy Model for Treating Traumatized Children	TraumaPlay Institute	December 2019	N/A
Occupational Therapy for Children with Handwriting Difficulties	Ncore	November 2019	N/A
Interoception Assessment & Intervention with Kelly Mahler	Thrive Occupational Therapy	November 2019	N/A
Attachment: Parent-Child Relationships	Attachment Works Ltd	September 2019	N/A
Attachment: Parent-Child Relationships	Attachment Works Ltd	September 2019	N/A
Brain and Sensory Foundations 1 st Level. Assessment and treatment of primitive reflexes	Move, Play, Thrive, Brain and Sensory Development	August 2019	N/A
Mandatory & Statutory (Practical) Training Course for Health and Social Care Professionals	The Health and Safety Group	August 2019	N/A
Sensory Babies	Lindsay Hardy and Emily Hills Occupational Therapists	July 2019	N/A
Sensory Intelligence for Adults Practitioners Training	Sensory Intelligence Consulting	January 2019	N/A

Core Connections: Exploring the Core's Developmental Roots	Vital Links	December 2018	Pass 7.0 contact hours
Early Co-Regulation in Infants and Young Children	Occupationaltherapy.com	October 2018	1.0 contact hours
Motor Skill Acquisition for Optimal Occupational Performance	Occupationaltherapy.com	October 2018	1.0 contact hours
Finding Safety and Stability: A Trauma Informed Sensory Motor Approach	Vital Links	September 2018	Pass
The Listening Program (TLP) Certification Course	Advanced Brain Technologies	September 2018	Certified to practice
The Movement Program (TMP) Provider Training	Learning Solutions	19 th June 2018	N/A
Hypermobility/Ehlers Danlos Syndrome in Adults and Children; Assessment and Management	Ncore	May 2018	N/A
Therapeutic Listening with the whole body	Vital Links	March 2018	Pass 12.5 CEUs
The How to's of Equipment Development: Developing & Maintaining Suspension & Non-Suspension Equipment Across Environments	Vital Links	February 2018	4.0 Contact Hours / 0.4 CEUs
Quickshifts: Revolutionizing the Use of Sensorimotor Integrative Treatment	Vital Links	February 2018	6.0 Contact Hours / 0.6 CEUs
Sensory Defensiveness A comprehensive Treatment Approach	Sensational Kids	December 2017	N/A
Sensory Attachment Interventions Level 1	EBSAIC training	November 2017	N/A
Bricks for Autism	Dyspraxia UK	May 2017	N/A
Sensory Integration Module 2/3	Sensory Integration Network. Masters Programme Ulster University	November 2016/March 2017	Post Graduate Certificate in Sensory Integration
Sensory Strategies for everyone – the magic of muscle stretch and heavy work	Sensory Integration Network	1 day, 16 th May 2015	N/A
Sensory Integration Module 1	Sensory Integration Network. Masters Programme Ulster	5 days, 11- 15 th May 2015	30 credits

	University		
Kinesio Taping KT1/KT2	Kinesio Taping Association International	2 days, March 2015	certification KT1/2
SOVA and SOCA level 3	Healthier Business UK Training Ltd	13 th March 2015	Statutory training valid for 1 year
Power Mobility and Training in the School	OccupationalTherapy.com – online distance learning courses	March 2015	3 CME hours
The Clinical Implementation of Paediatric Constraint Induced Therapy: The Advantages and Disadvantages of Various Protocols	OccupationalTherapy.com – online distance learning courses	March 2015	1 CME hours
Assessment & Treatment of Sensory Modulation Disorders in Children with Different Developmental Disorders	Dr Sydney Chu - Ncore	3 days, March 2015	
Picture Exchange Communication Systems (PECS)	Pyramid Educational Consultants UK Ltd	2 days, March 2015	Basic Level 1
Developing, Costing and Marketing School-based Occupational Therapy Services to Health and Education Commissioners	Dr Sydney Chu - Ncore	2 days, March 2015	
Occupational Therapy assessment and intervention for Children with Autism Spectrum Disorders	Dr Sydney Chu – Kid power	3 days, February 2015	
Sensory Processing Disorder in Young Children	Jeannetta D. Burpee M.Ed, OTR	4 days, September 2014	19 CME hours
Introduction to Paediatric Occupational Therapy	Royal Free London NHS Foundation Trust	5 days, September 2014	
Paeditrics 211 – Play	Online CE Chiro Credit	August 2014	1 CME hour
Pediatric 210 – Activities of daily living	Online CE Chiro Credit	August 2014	4 CME hours
Pediatrics 205 – Cerebral Palsy	Online CE Chiro Credit	June 2014	3 CME hours
Pediatrics 204 - Arthrogyrosis Multiplex Congenita (AMC)	Online CE Chiro Credit	May 2014	1.5 CME hours
Pediatrics 203 - Brachial Plexus Injuries(BPI)	Online CE Chiro Credit	April 2014	1 CME hour
Pediatrics 202 – Muscular Dystrophy and Spinal Muscular Atrophy	Online CE Chiro Credit	April 2014	1 CME hour
Pediatrics 209 Interventions	Online CE Chiro Credit	April 2014	1 CME

and Strategies for Challenging Behaviours			hour
Pediatrics 208 – Sensory Integration	Online CE Chiro Credit	February 2014	3 CME hours
Pediatrics 206 – Sensory-based learning strategies	Online CE Chiro Credit	February 2014	1 CME hour
Pediatrics 207 - Evaluation and Intervention to Develop Hand Skills	Online CE Chiro Credit	February 2014	4 CME hours
Pediatrics 201 – Sports injuries in children	Online CE Chiro Credit	January 2014	3 CME hours
Pediatrics 101 - Pediatric skills for OTAs	Online CE Chiro Credit	January 2014	35 CME hours
An Overview of Carpal Tunnel Syndrome	Online CE Chiro Credit	December 2013	1 CME hour
Arabic Language, Basic Level,	National Guard Health Affairs	March – April 2013	N/A
Assessment of Motor and Process Skills calibration course	Andrew Simms Centre	5 days, 2011	Pass
Dual Diagnosis	LinksWork, Sheffield Care Trust	10 days, 2008	N/A
Cognitive Behavioural Therapy with Psychosis	APT	6 days, 2006	N/A
Practice Educator Preparation Course	Wycote	2 days, 2006	N/A
Introductory Course on Psycho-Social Interventions	Leeds Mental Health Trust	3 days, 2006	N/A
Skills for Anger Management Training	The Skills Development Service Ltd	1 day, 2005	N/A
Motivating the Unmotivated	Laher Human Solutions Chatered Psychologists	1 day, 2004	N/A